

Christmas Newsletter 2020



December has arrived and you know what that means!! Goodness knows we could do with some good cheer to end the year with, and what a year it's been. I hope you and your nearest and dearest have weathered the storm that has been 2020 and are looking forward to 2021. Many of us will be exploring our NZ 'backyard' over the festive season. (in late March and April we literally were exploring our own back yard!!). I hope you have something nice to look forward to over the summer holiday season. The last part of the year has flown by and we are busy in the leadup to Christmas. The business seems to have bounced back after the lockdown which I am very thankful for. Thank you to all of you who have continued to support us and support businesses like us that are owner operated and/or locally owned.

A bit about wax...

Earwax has a purpose. Wax protects the ear by trapping and preventing dust, bacteria, and other germs and small objects from entering and damaging the ear and also protecting the delicate skin of the ear canal from getting irritated when water is in the canal.

In most cases the ear 'self cleans' without any intervention. However, in some people, the glands produce more wax than can be easily removed from the ear. This extra wax may harden in the ear canal and block the ear. If you try to clean the ear, you may instead push wax deeper and block the ear canal. This is why we don't recommend you use cotton buds or other objects to try and remove wax yourself.

Olive oil is still the 'gold standard' in terms of softening problematic wax. We often recommend you 'oil' your ears for a few days prior to having your wax removed by microsuction. Olive oil has many properties that can assist your ear health.

Technology

We have many clients enjoying the benefits of new technology (which is changing all the time). Some people prefer to take a 'hands off' approach and want all their settings automatic and not have to touch any buttons or other devices. Other clients like to have full control of their hearing aids and be able to adjust them via smartphone 'apps' and have connectivity with their phone, computer/tablet or TV. Rechargeable hearing aids are becoming more popular. However you prefer to manage your hearing loss to be we can help you.



A Christmas Joke...

Who hides in the bakery at Christmas? A mince spy!

Closure over the Christmas break

The clinic will be closing at 5pm on Wednesday the 23rd of December 2020 and will be reopening on Thursday 7th of January 2021 at 9am. The clinic will be open from 9-1 for that week with normal hours resuming from Monday 11th January 2021. Please ensure you have enough batteries, wax guards etc, to get you through the Christmas break. We are happy to post/courier supplies if you can't get in to the clinic.



Jo and Carolyn wish you Merry Christmas

As always, we truly appreciate your support over the past year. We wish you and your loved ones a happy and safe holiday season and look forward to being of service to you in 2021.

Kind regards, Carolyn & Jo